

MENU 2 FOR WEEK COMMENCING 2019

NAME.....

ADDRESS.....



Please indicate which meals you would like. If you normally receive meals on this day and do not make a selection or return the form by you will receive the first choice. * **Suitable for Gluten Intolerance***

RAINWORTH

	MAIN MEAL		DESSERT		SANDWICH
MONDAY	1	BEEF AND POTATO PIE/ CHIPS		LEMON SPONGE	
	2	FISHERMANSPIE *		CHERRY BAKEWELL	
	3	PORK CASSEROLE			
	4	VEGETARIAN CAULI AND BROCCOLI BAKE		MUSHROOM SOUP	
TUESDAY	1	FISH IN PARSLEY SAUCE*		COCONUT TART	
	2	MINCED LAMB & DUMPLING		APPLE PIE & CREAM	
	3	LIVER & SAUSAGE CASSEROLE			
	4	VEGETARIAN COTTAGE PIE		VEGETABLE SOUP	
WEDNESDAY	1	SLICED CHICKEN		STICKY TOFFEE PUDDING	
	2	SHEPHERDS PIE *		APPLE & STRAWBERRY CR	
	3	PORK GRILL			
	4	VEGETARIAN LASAGNE		CHICKEN SOUP	
THURSDAY	1	BEEF & KIDNEY PIE		ALMOND & CHERRY SP	
	2	SAUSAGES		PINEAPPLE PIE	
	3	CHICKEN SUPREME & VEG *			
	4	VEGETARIAN MACARONI CHEESE		MINISTRONE SOUP	
FRIDAY	1	CHICKEN CASSEROLE *		APPLE CRUMBLE	
	2	MINCED BEEF PIE		RICE PUDDING	
	3	SAUSAGE MASH AND BEANS			
	4	VEGETARIAN VEGETABLE CURRY		MUSHROOM SOUP	
SATURDAY	1	LAMB HOTPOT *		VANILLA SPONGE	
	2	LIVER & ONIONS		APPLE CRUMBLE	
	3	BEEF STEW			
	4	VEGETARIAN CHEESY VEG BAKE			
SUNDAY	1	SLICED GAMMON		DATE SLICE	
	2	COTTAGE PIE		LEMON SPONGE	
	3	SLICED CHICKEN			
	4	VEGETARIAN SAUSAGES			